

G Spot Mastery

The G-Spot is something that has mystified people for ages. It is believed that when you stimulate a woman's G-spot, it will make her spasm with pleasure the likes of which most have never felt before. It will make her body quake with excitement.

But where is this elusive G-spot? And how do you give women a G-spot orgasm? These are questions on many people's minds.

Where is The G Spot?

That is the million-dollar question. The problem is there's no one answer.

Here is what we know about the G-spot:

- It's located somewhere on the anterior vaginal wall along the urethra
- It is an area with sensitive nerve endings, tissues, and organs
- Its sensitivity is connected to the stimulation of the female prostate, the inner clitoris, and the urethral sponge

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However, the G-spot is in different areas on different women.

And it's not in a fixed spot. So all we can say is, when you find it, you'll know.

Clitoral Vs G Spot Orgasms

Can't find the G-spot? don't worry. You can also get your lady off by stimulating her clitoris.

Unlike the G-spot, the clitoris is easy to find. It's located at the top of the vulva. It looks like a small button of flesh. But its nerves and tissues extend much deeper inside of the body.

The clitoris and G-spot work together, But a clitoral orgasm is more likely to occur when you use your fingers, your mouth, or a vibrator to get your lady to cum.

You must go deeper for a G-spot orgasm. You'll need to insert your fingers or use your dick or an insertable toy like a dildo. The nice thing is, if you get her to cum with your dick, you can both cum at the same time.

Women say that clitoral orgasms and G-spot orgasms feel different. G-spot orgasms feel like they are pushing out with their pelvic floor muscles. The sensation varies from a clitoral orgasm that has a tenting effect.

G-spot orgasms are not as central to the vagina. They stimulate the whole body.

How to Find The G Spot

The G-spot is not easy to find. But with some help from your lady and the proper techniques, you will succeed.

Have your partner lie on her back. Insert your fingers and feel for a firm, textured area about two inches into the vagina on the interior wall. It will feel swollen and ridge-like. Your lady's reactions will also tell you if you are successful.

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Place your fingers inside the vagina working your way up and out towards the belly button. Try hooking two or three fingers into the vagina and work them around in a 'come hither' motion.

The G-spot is sensitive, so don't get too aggressive. Light, delicate motions will gradually work her to a raging orgasm. It's best to try G-spot searching and stimulation when your partner is aroused. The G-spot swells when the woman is aroused so it will be easier to find. Try oral sex before going on the hunt.

Sex Positions That Stimulate The G Spot

Now you know how to stimulate the G-spot with your fingers.
But how can you produce a G-spot orgasm during sex? Here are some positions that will do the trick.

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Lovers In Arms

This position requires the partners to lie on their sides facing each other. Her leg should be on top of her partner's body. She must be entered from the front.

Lovers in Arms is ideal for G-spot stimulation because the angle promotes a shallower reach. It also allows you to touch her body all over so you can bring her to a more powerful orgasm.

She can slide her legs up and down or squeeze her legs together to increase pleasure. Or the partner can slide their leg between her legs to promote clitoral stimulation.

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Reverse Cowgirl

Most couples are familiar with reverse cowgirl. But just in case you're not, it involves the woman getting on top with her back to her partner.

The reason this position works so well is, it allows her to adjust her body so she can enjoy maximum pleasure. She can also rub her clit against you. The pressure against the bladder is also ideal for G-spot stimulation.

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Any Position Can Work

Almost any position can help her achieve a G-spot orgasm.
The trick is to modify the angle to promote shallow penetration.

Notable runners-up include the head over heels position which will work especially well if you put pillows under her hips. Or try a doggy style with her upper body raised on the headboard and pillows under her knees.

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Toys Work Too

There are plenty of toys that are conducive to g-spot stimulation. Look for one with a hook-like shape. It will angle towards the g-spot when inserted.

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Other Tips For Achieving Orgasm

Orgasm is not only about where you touch and how you touch your partner. There are other elements involved.

The Woman Must Feel Comfortable: A woman must feel comfortable to reach that sacred point of release. Her partner can put her at ease by dimming the lights, lighting candles, and permeating a soothing yet sexy aroma throughout the room. Ask your lady what it takes to make her comfortable enough to cum. Hand Grooming is Important: Your hands should be clean and well-groomed before you try fingering your lady. Long fingernails and hangnails can kill the mood in a major way.

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Communicate with Your Partner: Communication comes from many sources. Your woman may tell you what she likes and doesn't like, or she may communicate with her body. Pay attention to her movement. Ask her what she likes and doesn't like to ensure she's having a good time. It Can Take a While: It can take 10, 20, or even 30 minutes to achieve a g-spot orgasm. Women who have never had one tend to take longer than those who have. In some cases, the orgasm might not happen at all. Clitoral stimulation will make her cum faster, and it will help her achieve pleasure if the g-spot thing doesn't work.

The G-spot is an elusive beast. The proper hand movements, toys, and sexual positions will take her to new levels of pleasure. Which will you try on your lady?